

SWM Kickers Return to Play Protocol and Guidelines for Coaches

RTP Club Coach Protocol 4-10-2021

Steps for Training Participation for Coaches during Phase 5.5

1. Pre-Practice: Coach Temperature checks at home. If you have a temperature of at least 100.4°F (38°C) or have other COVID 19 symptoms you need to not participate in training activity. Assess the risk of out of area travel to states or cities with high incidence rate of COVID-19 for yourself or players. If you or the child's parent assesses the risk of exposure as high, then player should not train with the team for 7 to 14 days.

2. Preparation:

- a) Plan ahead to prepare the field to best accommodate social distancing. Disinfect your soccer equipment if needed.
- b) Player personal prep/break stations. Each player will have designated area 6-feet apart to the side of the training field.
- c) Required to wear face mask before, during, and after training session.
- d) Take attendance for possible Contact Tracing.

3. Practice Session:

- a) All training sessions during Phase 5.5, should be done in compliance with social distancing guidelines. The entire team can train together with one coach. The coach should avoid being within six feet of any player.
- b) Ensure players should be set up in individual spaces, large enough for players to be respectful of social distancing. Players should place soccer gear at least 6 feet apart at designated space.
- c) Progressions between activities should be set up by coach prior to players arriving to enable smooth transition and negate the need for players to move equipment. The players should not move or set up equipment.
- d) Team talks during practice should only take place in an open space and with all participants maintaining social distancing. Coaches should always wear mask when having team talks.
- e) Full contact soccer training is allowed but players must continue to wear mask and 6 ft when possible.
- f) Players should not touch each other before, during or after training.

4. Equipment Management Team Equipment

- a) If the coach is providing soccer balls for training. The coach should ensure that the balls are sanitized prior to training.
- b) If the player brings their own ball, they should sanitize the ball before and after training. Players are not required to have an individual designated ball for training. The use of shared balls between players is allowed in foot drills with avoidance of the use of hands.
- c) Goalkeepers can only handle ball with gloves. Gloves should be sanitized after practice.
- d) No use of shared scrimmage vests amongst players. If scrimmage vests are used, then one vest per player and it should be washed in between uses.

7. Practice Conclusion:

- a) Coach requests each Player to clean their hands with their personal bottles of hand sanitizer and put back their personal face masks before departure.
- b) Update shared google doc or send practice attendance to Pattie Warren at swmkickers.registrar@gmail.com
- c) Coach reports immediately to Pattie Warren if a player is ill at practice or is kept home for being ill.

8. Bathroom Considerations: Lincoln Charter Township is providing at Rockey Weed soccer complex Porta-Pots with hand sanitizer and will open the building Restrooms for the season. The restrooms will be cleaned once a day.